

Update on the All Age Autism Strategy and implementation within Health and Adult Services.



**Autism Lead for NYCC** 

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#### **Autism Leads for Health and Adult Services**

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Officer

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#### **Context:**

**Autism** is **much** more common than **many people** think. There are around 700,000 **people** on the **autism** spectrum in the **UK** – that's more than 1 in 100<sup>1</sup>. If you include their families, **autism** is a part of daily life for 2.8 million **people**.

Autism is a hidden disability – you can't always tell if someone is autistic.

34% of children on the autism spectrum say that the worst thing about being at school is being picked on<sup>2</sup>.

63% of children on the autism spectrum are not in the kind of school their parents believe would best support them<sup>3</sup>.

17% of children with Autism have been suspended from school; 48% of these had been suspended three or more times; 4% had been expelled from one or more schools<sup>4</sup>.



### Context continued.....

- Seventy per cent of adults with Autism say that they are not getting the help they need from social services.
- Seventy per cent of adults with Autism also told National Autistic Society that with more support they would feel less isolated.
- •At least one in three adults with Autism are experiencing severe mental health difficulties due to a lack of support.
- Only 16% of adults with Autism in the UK are in full-time paid employment, and only 32% are in some kind of paid work.
- Only 10% of adults with Autism receive employment support but 53% say they want it<sup>8</sup>.



## What proportion of people with Autism have a learning disability?

Between 44% - 52% of autistic people may have a learning disability.

Between 48% - 56% of autistic people do not have a learning disability.

# What proportion of people with a learning disability are autistic?

Around a third of people with a learning disability may also be autistic. Around a third of people who have learning disabilities.

• Five times as many males as females are diagnosed with autism. Note that autism is under-diagnosed in females, and therefore the male to female ratio of those who are on the autism spectrum may be closer than is indicated by the figure of 5:1.



# How many people with Autism in North Yorkshire?

As of December 2018 (SAF submission) 182 people who were assessed as having autism met social care eligibility criteria in the year 2017/18

Of the 182 total 90 people also had a learning disability

Of the 182 total 6 people were also in receipt of treatment for mental health problems.

No. of children/young people with Autism in school in 2017/18:

Year 10: 103

Year 11: 124

Year 12: 32

Year 13: 50

Number of adults with autism estimated to be living in North Yorkshire is 4,847

Aged 65 and over: 1,413 (sourced from POPPI)

Aged 18 – 64: 3,434 (sourced from PANSI)









## **National and Local Context**

2009 The Autism Bill

2010 National Autism Strategy-

"Fulfilling and Rewarding Lives"

2014 Think Autism

NY All Age Autism Strategy and Implementation Plan-

"The changing landscape of North Yorkshire"

All Age Autism Strategy Group



## **Key Commitments**

- Supporting improved Diagnosis and referrals
- Staff investment and training
- Information and signposting
- Employment and education
- Supporting people through life changes
- Support people and their families
- Improved assessment processes
- National Accreditation scheme for NYCC Provider Services with National Autistic Society



#### **Self-Assessment Framework**

Submitted fifth self-assessment framework in December 2018.

Currently awaiting report from PHE on all responses.

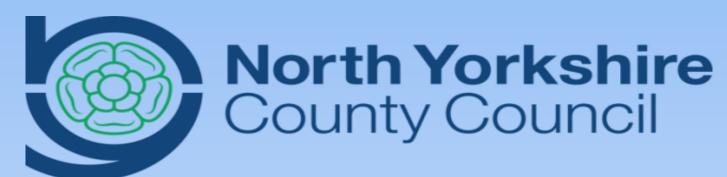
The self assessment highlights progress and areas for improvement.

Highlighted positives around:

Partnership working – working with CCG colleagues around diagnostic services, develop co-production and engagement opportunities, good representation of partners at meetings (steering group, adults operational group)

Training and raising awareness

Employment – NYCC and partners working with employers to raise awareness of autism and monitoring employment outcomes.



#### **Improvements from Self Assessment Framework**

- Data highlighted need for JSNA (now in progress, update below) and some gaps where unable to answer questions due to permissions not being in place to share data between systems and organisations.
- Diagnostic pathway waiting times are currently not NICE compliant and as of December 2018 for the NY and York service (excludes Craven) there was a wait of 57 weeks between referral and assessment. The CCGs are currently remodelling the pathway to slow down the rate by which the waiting list is growing and improve value for money on the current contract without compromising clinical quality. A quality improvement event is planned for September 2019 with key stakeholders to consider a service redesign for wider consultation which can then be used to create a specification of the future model and pathway.
- Reasonable adjustments and accessibility of services a number of areas were RAG rated as Amber indicating some areas/examples of good practice however not yet in place consistently across the county. For example this included NHS services, mental health and acute services, libraries and public transport. Improving and promoting reasonable adjustments have been picked up as a priority for the current strategy groups.



### **Joint Strategic Needs Assessment**

Development of an all-age JSNA was signed off by the Editorial Group in May 2019

Victoria Marshall leading on the development working with Carol-Ann Howe as the lead for CYPS

Adults side to be coordinated by the Adults Autism Operational Group, with CYPS to restart their Operational Group to coordinate

Full scoping document and engagement and communication plans to be signed off by the strategy steering group on 15<sup>th</sup> July

Engagement currently scheduled to take place for two months September – October 2019.

JSNA scheduled for completion April 2020 to feed into writing refresh of the strategy.



### Staff investment and training

Refresh of online autism awareness training.

Autism competency workshops for provider and reablement teams

Specialist training commissioned for champions and practice advisers and Provider Services staff.

Sensory workshops

Attendance at National Conferences.



## **Practice Improvements**

Revised Autism Good Practice Guidance- support to social workers when undertaking needs assessment and support planning with adults with Autism.

Practice Advisers in each team

Autism Champions in each provider service.



#### **Autism Accreditation**

Autism Accreditation is an internationally recognised quality standard provided by The National Autistic Society, the UK's leading autism charity.

#### **Accredited services include:**

- schools
- prisons
- short break services
- adult services

A service will be accredited if it can demonstrate that staff have a specialised knowledge and understanding which is consistently applied.





### **Autism Accreditation**

First Local Authority to have ALL of its Adult services accredited in the UK in 2016

17 services were accredited.

All being re-inspected this year.

Additional service this year-Living Well are undertaking the Autism Accreditation process





